

4LifeTransform® для мужчин

Поддержка мужской сексуальной активности и здорового старения*

- Поддерживает здоровую сексуальную функцию*
- Увеличивает физическую выносливость*
- Способствует мышечной массе и силе*
- Поддерживает здоровый уровень тестостерона*

Что такое 4LifeTransform® для мужчин?

Это биологически активная добавка, созданная специально для взрослых мужчин, которым нравится яркая и полноценная жизнь. В состав продукта входит фирменная смесь растительных экстрактов и витамина D3 для поддержания сексуальной функции и удовлетворенности, а также здоровья эндокринной системы в целом. Помимо этого, продукт способствует набору сухой мышечной массы, выносливости и поддержанию жизненных сил организма.

4LifeTransform пригодится любому представителю сильного пола для поддержания мужественности и энергичности!*

Основные положения

- Поддержка здоровой сексуальной активности и эректильной функции*
- Поддержка нормальной циркуляции крови*
- Поддержка нормальных уровней тестостерона*
- Поддержка здоровья костей*
- Поддержка нормального уровня холестерола*
- Поддержка здорового фактора роста*
- Поддержка сухой мышечной массы, физической активности, силы, выносливости, производительности и восстановления*
- Усиление антиоксидантной функции для поддержки здоровья сердца и мышц*

Основная поддержка:

Сексуальная активность и жизненная сила*

Дополнительная поддержка:

Эндокринная система*

Спортивные результаты*

Здоровое старение*

Сердечная функция*

Работа мышц, костей и суставов*



Способ применения: взрослым принимать 1 капсулу в день во время еды, запивая стаканом воды (240 мл). Продолжительность приёма – 1 месяц. При необходимости приём можно повторить.

Состав: L-цитруллин, комплекс цитрусовых биофлавоноидов (порошок цитрусовых фруктов: лимона, апельсина, лайма, мандарина, грейпфрута), носитель гидроксипропилметилцеллюлоза (оболочка капсулы), экстракт корня женьшеня обыкновенного, холекальциферол (витамин D3), масло среднечепочечных триглицеридов.

Биологически активные вещества	Содержание в суточной дозе (1 капс.)	% от рекомендуемого уровня суточного потребления*
Витамин D	12,5 мкг	250** % от адекватного уровня потребления***
Панаксозиды	2,0 мг	40
Гесперидин	61,0 мг	30
L-цитруллин	395,4 мг	395**

*TR TC 022/2011;

** - не превышает верхний допустимый уровень потребления;

*** - ЕврАЗЭС «Единые санитарно-эпидемиологические и гигиенические требования к товарам, подлежащим санитарно-эпидемиологическому надзору (контролю)»

Информация для заказа

Продукт №50526535 – 120 капсул в банке

*БИОЛОГИЧЕСКИ АКТИВНАЯ ДОБАВКА К ПИЩЕ. НЕ ЯВЛЯЕТСЯ ЛЕКАРСТВЕННЫМ СРЕДСТВОМ И НЕ ЗАМЕНЯЕТ ПОЛНОЦЕННОГО ПИТАНИЯ.

Информация о продукте одобрена к использованию только на территории стран Евразийского экономического союза. © 2023 4Life Trademarks, LLC. Все права защищены. Этикетка 091421RU

- Cormio L, De Siasi M, Lorusso F, Selvaggio O, Mirabella L, Sanguedolce F, Carrieri G. 2011. Oral L-citrulline supplementation improves erection hardness in men with mild erectile dysfunction. *Urology* 77: 119-122.
- Choi YD, Park CW, Jang J, Kim SH, Jeon HY, Kim WG, Lee SJ, Chung WS: Effects of Korean ginseng berry extract on sexual function in men with erectile dysfunction: a multicenter, placebo-controlled, double-blind clinical study. *International Journal of Impotence Research* 2013; 25:45-50.
- Choi HK, Seong DH, Rha KH: Clinical efficacy of Korean red ginseng for erectile dysfunction. *International Journal of Impotence Research* 1995; 7:181-186.
- Kim T-H, Jeon SH, Hahn E-J, Paek K-Y, Park JK, Youn NY, Lee H-L: Effects of tissue-cultured mountain ginseng (*Panax ginseng* CA Meyer) extract on male patients with erectile dysfunction. *Asian Journal of Andrology* 2009; 11:356-361.
- Hotta Y, Shioota A, Kataoka T, Motonari M, Maeda Y, Morita M, Kimura K: Oral L-citrulline supplementation improves erectile function and penile structure in castrated rats. *International Journal of Urology: Official Journal of the Japanese Urological Association* 2014; 21:608-612.
- Liu T, Peng Y-F, Jia C, Yang B-H, Tao X, Li J, Fang X: Ginsenoside Rg3 improves erectile function in streptozotocin-induced diabetic rats. *The Journal of Sexual Medicine* 2015; 12:611-620.
- Choi YD, Rha KH, Choi HK: In vitro and in vivo experimental effect of Korean red ginseng on erection. *J Urol* 1999; 162:1508-1511.
- Sung HH, Chae MR, So I, Jeon J-H, Park JK, Lee SW: Effects of ginsenoside on large-conductance K(Ca) channels in human corporal smooth muscle cells. *International Journal of Impotence Research* 2011; 23:193-199.
- Cormio L, De Siasi M, Lorusso F, Selvaggio O, Mirabella L, Sanguedolce F, Carrieri G: Oral L-citrulline supplementation improves erection hardness in men with mild erectile dysfunction. *Urology* 2011; 77:119-122.
- Figueroa A, Trivino JA, Sanchez-Gonzalez MA, Vicil F: Oral L-citrulline supplementation attenuates blood pressure response to cold pressor test in young men. *American Journal of Hypertension* 2010; 23:12-16.
- Ochiai M, Hayashi T, Morita M, Ina K, Maeda M, Watanabe F, Morishita K: Short-term effects of L-citrulline supplementation on arterial stiffness in middle-aged men. *International Journal of Cardiology* 2012; 155:257-261.
- Schwendelin E, Maas R, Freese R, Jung D, Lukacs Z, Jambrecina A, Spickler W, Schulze F, Böger RH: Pharmacokinetic and pharmacodynamic properties of oral L-citrulline and L-arginine: impact on nitric oxide metabolism. *British Journal of Clinical Pharmacology* 2008; 65:51-59.
- Bailey SJ, Blackwell JR, Lord T, Vanhatalo A, Winyard PG, Jones AM: L-Citrulline supplementation improves O₂ uptake kinetics and high-intensity exercise performance in humans. *J Appl Physiol* (1985) 2015; 119:385-395.
- Sureda A, Cordova A, Ferrer MD, Tauler P, Perez G, Tur JA, Pons A. 2009. Effects of L-citrulline oral supplementation on polymorphonuclear neutrophils oxidative burst and nitric oxide production after exercise. *Free Radical Research* 43: 828-835.
- Lehmann U, Riedel A, Hirche F, Brandsch C, Girndt M, Ulrich C, Seibert E, Henning C, Glomb MA, Dierkes J, Stangl GI. 2015. Vitamin D₃ supplementation: Response and predictors of vitamin D₃ metabolites - A randomized controlled trial. *Clinical Nutrition (Edinburgh, Scotland)*.
- Lind L, Hanni A, Lithell H, Hvarfner A, Sorensen OH, Ljunghall S. 1995. Vitamin D is related to blood pressure and other cardiovascular risk factors in middle-aged men. *Am J Hypertens* 8: 894-901.
- Frei R, Haile SR, Mutsch M, Rohrmann S. 2015. Relationship of Serum Vitamin D Concentrations and Allostatic Load as a Measure of Cumulative Biological Risk among the US Population: A Cross-Sectional Study. *PLoS One* 10: e0139217.
- Medina S, Ferreres F, Garcia-Viguera C, Horcajada MN, Orduna J, Saviron M, Zurek G, Martinez-Sanz JM, Gil JI, Gil-Izquierdo A. 2013. Non-targeted metabolomic approach reveals urinary metabolites linked to steroid biosynthesis pathway after ingestion of citrus juice. *Food Chem* 136: 938-946.
- Leifke E, Gorenvi N, Wichers C, Von Zur Mühlén A, Von Büren E, Brabant G. 2000. Age-related changes of serum sex hormones, insulin-like growth factor-1 and sex-hormone binding globulin levels in men: cross-sectional data from a healthy male cohort. *Clinical Endocrinology* 53: 689-695.
- Lerchbaum E, Pilz S, Trummer C, Rabe T, Schenk M, Heijboer AC, Obermayer-Pietsch B. 2014. Serum vitamin D levels and hypogonadism in men. *Andrology* 2: 748-754.
- Nimptsch K, Platz EA, Willett WC, Giovannucci E. 2012. Association between plasma 25-OH vitamin D and testosterone levels in men. *Clinical Endocrinology* 77: 106-112.
- Chin K-Y, Irma-Nirwana S, Wan Ngah WZ. 2015. Vitamin D is significantly associated with total testosterone and sex hormone-binding globulin in Malaysian men. *The Aging Male: The Official Journal of the International Society for the Study of the Aging Male* 18: 179-179.
- Hofer D, Münzker J, Schwetz V, Ulbing M, Hutz K, Stiegler P, Ziegenuer R, Pieber TR, Müller H, Obermayer-Pietsch B. 2014. Testicular synthesis and vitamin D action. *The Journal of Clinical Endocrinology and Metabolism* 99: 3766-3773.
- Viljakainen HT, Vaisanen M, Kemi V, Rikkonen T, Kroger H, Laitinen EK, Rita H, Lamberg-Allardt C. 2009. Wintertime vitamin D supplementation inhibits seasonal variation of calcitropic hormones and maintains bone turnover in healthy men. *J Bone Miner Res* 24: 346-352.
- Olmos JM, Hernandez JL, Garcia-Velasco P, Martinez J, Llorca J, Gonzalez-Macias J. 2015. Serum 25-hydroxyvitamin D, parathyroid hormone, calcium intake, and bone mineral density in Spanish adults. *Osteoporos Int.*
- Jastrzebski Z, Kortas J, Kaczor K, Antosiewicz J. 2016. Vitamin D Supplementation Causes a Decrease in Blood Cholesterol in Professional Rowers. *J Nutr Sci Vitaminol (Tokyo)* 62: 88-92.
- Lind L, Hanni A, Lithell H, Hvarfner A, Sorensen OH, Ljunghall S. 1995. Vitamin D is related to blood pressure and other cardiovascular risk factors in middle-aged men. *Am J Hypertens* 8: 894-901.
- Frei R, Haile SR, Mutsch M, Rohrmann S. 2015. Relationship of Serum Vitamin D Concentrations and Allostatic Load as a Measure of Cumulative Biological Risk among the US Population: A Cross-Sectional Study. *PLoS One* 10: e0139217.
- Bok SH, Lee SH, Park YB, Bae KH, Son KH, Jeong TS, Choi MS. 1999. Plasma and hepatic cholesterol and hepatic activities of 3-hydroxy-3-methyl-glutaryl-CoA reductase and acyl CoA: cholesterol transferase are lower in rats fed citrus peel extract or a mixture of citrus bioflavonoids. *J Nutr* 129: 1182-1185.
- Gielen E, O'Neill TW, Pye SR, Adams JE, Wu FC, Laurent MR, Claessens F, Ward KA, Boonen S, Bouillon R, et al. 2015. Endocrine determinants of incident sarcopenia in middle-aged and elderly European men. *J Cachexia Sarcopenia Muscle* 6: 242-252.
- Ameri P, Giusti A, Boschetti M, Bovio M, Teti C, Leoncini G, Ferone D, Murialdo G, Minuto F. 2013. Vitamin D increases circulating IGF1 in adults: potential implication for the treatment of GH deficiency. *European Journal of Endocrinology / European Federation of Endocrine Societies* 169: 767-772.
- Suzuki T, Morita M, Kobayashi Y, Kamimura A. 2016. Oral L-citrulline supplementation enhances cycling time trial performance in healthy trained men: Double-blind randomized placebo-controlled 2-way crossover study. *J Int Soc Sports Nutr* 13: 6.
- Ameri P, Giusti A, Boschetti M, Bovio M, Teti C, Leoncini G, Ferone D, Murialdo G, Minuto F. 2013. Vitamin D increases circulating IGF1 in adults: potential implication for the treatment of GH deficiency. *European Journal of Endocrinology / European Federation of Endocrine Societies* 169: 767-772.
- Bailey SJ, Blackwell JR, Lord T, Vanhatalo A, Winyard PG, Jones AM. 2015. L-Citrulline supplementation improves O₂ uptake kinetics and high-intensity exercise performance in humans. *J Appl Physiol* (1985) 119: 385-395.
- Jourdan M, Nair KS, Carter RE, Schimke J, Ford GC, Marc J, Aussel C, Cynober L. 2015. Citrulline stimulates muscle protein synthesis in the post-absorptive state in healthy people fed a low-protein diet - A pilot study. *Clin Nutr* 34: 449-456.
- Sureda A, Cordova A, Ferrer MD, Tauler P, Perez G, Tur JA, Pons A. 2009. Effects of L-citrulline oral supplementation on polymorphonuclear neutrophils oxidative burst and nitric oxide production after exercise. *Free Radical Research* 43: 828-835.
- Perez-Guisado J, Jakeman PM. 2010. Citrulline malate enhances athletic anaerobic performance and relieves muscle soreness. *J Strength Cond Res* 24: 1215-1222.
- Gielen E, O'Neill TW, Pye SR, Adams JE, Wu FC, Laurent MR, Claessens F, Ward KA, Boonen S, Bouillon R, et al. 2015. Endocrine determinants of incident sarcopenia in middle-aged and elderly European men. *J Cachexia Sarcopenia Muscle* 6: 242-252.
- Visser M, Deeg DJ, Lips P. 2003. Low vitamin D and high parathyroid hormone levels as determinants of loss of muscle strength and muscle mass (sarcopenia): the Longitudinal Aging Study Amsterdam. *J Clin Endocrinol Metab* 88: 5766-5772.
- Wicherts IS, van Schoor NM, Boeve AJ, Visser M, Deeg DJ, Smit J, Knol DL, Lips P. 2007. Vitamin D status predicts physical performance and its decline in older persons. *J Clin Endocrinol Metab* 92: 2058-2065.
- Moinard C, Le Plenier S, Noirez P, Morio B, Bonnefont-Rousselot D, Kharchi C, Ferry A, Neveux N, Cynober L, Raynaud-Simon A. 2015. Citrulline Supplementation Induces Changes in Body Composition and Limits Age-Related Metabolic Changes in Healthy Male Rats. *J Nutr* 145: 1429-1437.
- Kato Y, Miyake Y, Yamamoto K, Shimomura Y, Ochi H, Mori Y, Osawa T. 2000. Preparation of a monoclonal antibody to N(epsilon)-(Hexanonyl)lysine: application to the evaluation of protective effects of flavonoid supplementation against exercise-induced oxidative stress in rat skeletal muscle. *Biochem Biophys Res Commun* 274: 389-393.
- Jeong H, Lee JY, Jang EJ, Lee EH, Bae MA, Hong JH, Hwang ES. 2011. Hesperedin promotes MyoD-induced myogenic differentiation in vitro and in vivo. *Br J Pharmacol* 163: 598-608.
- Ham DJ, Gleeson BG, Chee A, Baum DM, Caldwel MK, Lynch GS, Koopman R. 2015. L-Citrulline Protects Skeletal Muscle Cells from Cachectic Stimuli through an iNOS-Dependent Mechanism. *PLoS One* 10: e0141572.
- Constans J, Bennetau-Pelissero C, Martin JF, Rock E, Mazur A, Bedel A, Morand C, Berard AM. 2015. Marked antioxidant effect of orange juice intake and its phytomiconutrients in a preliminary randomized cross-over trial on mild hypercholesterolemic men. *Clin Nutr* 34: 1093-1100.
- Morand C, Dubray C, Milenovic D, Lioger D, Martin JF, Scalbert A, Mazur A. 2011. Hesperedin contributes to the vascular protective effects of orange juice: a randomized crossover study in healthy volunteers. *Am J Clin Nutr* 93: 73-80.
- Bok SH, Lee SH, Park YB, Bae KH, Son KH, Jeong TS, Choi MS. 1999. Plasma and hepatic cholesterol and hepatic activities of 3-hydroxy-3-methyl-glutaryl-CoA reductase and acyl CoA: cholesterol transferase are lower in rats fed citrus peel extract or a mixture of citrus bioflavonoids. *J Nutr* 129: 1182-1185.
- Kato Y, Miyake Y, Yamamoto K, Shimomura Y, Ochi H, Mori Y, Osawa T. 2000. Preparation of a monoclonal antibody to N(epsilon)-(Hexanonyl)lysine: application to the evaluation of protective effects of flavonoid supplementation against exercise-induced oxidative stress in rat skeletal muscle. *Biochem Biophys Res Commun* 274: 389-393.
- Jeong H, Lee JY, Jang EJ, Lee EH, Bae MA, Hong JH, Hwang ES. 2011. Hesperedin promotes MyoD-induced myogenic differentiation in vitro and in vivo. *Br J Pharmacol* 163: 598-608.